

# **CRESCENT ACADEMY**



## **STUDENT - PARENT ATHLETIC HANDBOOK**

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## **Introduction**

We are very pleased that you have decided to become involved in athletics at Crescent Academy. To be a good athlete, it will take a considerable amount of time and effort on the part of both the athlete and parent. There will be the responsibility of participating as a player and parent fan in a very positive and good sportsmanlike manner, as well as obeying and supporting the rules and regulations contained in our athletic code.

We emphasize that academic success is the number one priority of school. With the proper attitude and the willingness to work, we feel that all our athletes will have a positive experience while participating in our athletic program.

## **Philosophy**

The guiding principle of athletic programs shall be the promotion of the general welfare of all students.

The athletic program is a part of the education process and is an extension of the classroom, serving as a laboratory for learning. We strive to have every student athlete enjoy a positive experience in our program while developing competitive teams. In addition, interscholastic athletes are provided the belief that the following goals may be accomplished through participation on an athletic team:

- Teamwork and cooperation
- Good health and physical fitness habits
- Good sportsmanship and fair competition
- School spirit and loyalty
- Moral development and training
- Social skills development
- Emotional maturity development

The success of the program is not based solely on the win-loss record of the teams. The goal of the program is to have each participant reach his or her maximum potential.

## **Sports Offered**

Current interscholastic sport activities available:

### Fall Season

Girls Basketball - 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>  
U6 Soccer - Kindergarten  
U8 Soccer - 1<sup>st</sup> and 2<sup>nd</sup>  
U10 Soccer - 3<sup>rd</sup> and 4<sup>th</sup>  
U12 Soccer - 5<sup>th</sup> and 6<sup>th</sup>

### Winter Season

Boys Basketball – 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>  
Girls Volleyball -5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>  
Girls Cheer – 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>  
Elementary 3<sup>rd</sup> and 4<sup>th</sup> Pom-Pom Team

## Spring Season

Track and Field - 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>  
Boys Flag Football - 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>  
U6 Soccer - Kindergarten  
U8 Soccer - 1<sup>st</sup> and 2<sup>nd</sup>  
U10 Soccer - 3<sup>rd</sup> and 4<sup>th</sup>  
U12 Soccer - 5<sup>th</sup> and 6<sup>th</sup>

## **Objectives of the Athletic Program**

- Provide athletes with quality teaching/coaching personnel who will give the athletes a sound basis to build and develop essential skills.
- Provide athletes the opportunity to learn and develop the skills necessary to improve in their sport.
- Provide athletes with facilities and equipment that will enhance their skills.
- Provide opportunity for athletes to participate equally with their teammates.
- Build a positive image of school activities that students, parents and community can support and be proud of.

## **Athletic Physical**

A physical examination is REQUIRED on a MHSAA official physical form in order to try out for all athletic teams. The physical must be on file in the athletic office. A physical examination given ON OR AFTER APRIL 15 is good for the following school year (MHSAA guideline).

## **Participation Fee**

There is a **participation fee** for all athletes for *each* sport. This registration fee will be due at the beginning of the sports season. For sports with try-outs, this fee will be due after the student makes the team. Once the athletic fee is paid, it **will not** be returned for any reason, i.e. removal from the team, injury or academic probation.

## **Tryouts/Cuts**

There are open tryouts for most sports at our school. Anyone interested in participating in these sports is encouraged to try out.

Athletes cut from any team will be spoken to individually by the head coach or given a letter. They will be encouraged to work on the skills in which they need improvement. Students will be encouraged to try out for the team again the following year.

## **Academic Policy**

The following statement is a brief overview of the academic expectations of all athletes participating in interscholastic sports.

Athletic eligibility of all athletes will be monitored throughout their season. All athletes must maintain a 2.5 GPA. If an athlete falls below a 2.5 GPA, they will be monitored on a weekly basis. If their grades improve, they will be eligible to play. If their grades fall below a 2.0 GPA, they will be ineligible to participate.

During academic probation, students are still part of the team, but will spend all practices doing their homework, will attend all games to support their team and will not play. Once grades improve, they will be off of Academic Probation.

## **Expectations**

- **Student/Athletes**

- Accept and understand the seriousness of your responsibility and the privilege of representing your school and community
- Live up to the standards of sportsmanship established by the school administration and the coaching staff
- Learn the basic rules of the game
- Treat opponents the way you would like to be treated
- Refrain from taunting, trash talking or making any kind of derogatory remarks to your opponents during the game, especially comments of ethnic, religious or racial nature. Refrain from intimidating behavior
- Respect the integrity and judgment of game officials
- Win with humility; lose with grace. Do both with dignity
- Respect the facilities both home and away

- **Parents**

- Refrain from coaching your child or other players during games and practices
- Respect the officials and their authority during games and never question, discuss or confront coaches at the game field; take the time to speak to coaches at an agreed upon time and place
- Student athletes participate to have fun and that the game is for youth, not adults
- Help teach your child that doing one's best is more important than winning so that your child will never feel defeated by the outcome of a game or by their performance
- Demand that your child treat other players, coaches and spectators with respect regardless of race, creed, color, sex or ability
- Promote the emotional and physical well being of the student athletes ahead of any personal desire you may have for your own child to win
- Discourage any behaviors or practices that would endanger the health and well being of the student athletes
- Be a positive role model for your child and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or sporting event
- Do not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting, refusing to shake hands or using profane language or gestures

- Parents are to pick students up of time from all practices, games and late bus arrivals. Failure to pick-up at the posted end times will result in a warning, and a fee of \$2 per minute. A late pick-up violation after this initial warning will result in the removal from the team. Students may not wait inside of businesses for parent pick-up at the late bus stop. One late bus pick-up violation will result in the suspension of late bus transportation for that player.
- **Spectators**
  - You are at a contest to support and cheer for your team and to enjoy the skill and competition, not to intimidate or ridicule the other team and its fans
  - School athletics are learning experiences for students and mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes and as people, as you would praise a student working in the classroom
  - Learn the basic rules of the game so that you may understand and appreciate why certain situations take place
  - Show respect for the opposing players, coaches, spectators and support groups
  - Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student athlete and appreciate their willingness to participate in full view of the public
  - Recognize and show appreciation for an outstanding play by either team
  - Refrain from the use of any controlled substances (alcohol, drugs, etc.) before games, during games, after games and on or near the site of the event (i.e. tailgating)
  - Use only those cheers that support and uplift the teams involved
  - Recognize and compliment the efforts of school and league administrators for their efforts in emphasizing the benefits of educational athletics and the role of good sportsmanship to that end
  - Be a positive behavior role model through your own actions and by censuring those around you at events whose behavior is unbecoming
- **Coaches**
  - Exemplify the highest moral character, behavior and leadership, adhering to strong ethical and integrity standards. Practicing good citizenship is practicing good sportsmanship
  - Respect the integrity and personality of the individual athlete
  - Abide by and teach the rules of the game
  - Describe and define respectful and disrespectful behavior. Stress that disrespectful behavior, especially taunting, trash talking and intimidation will not be tolerated
  - Set a good example for players and spectators to follow
  - Respect the integrity and judgment of game officials
  - Display modesty in victory and graciousness in defeat in public
  - Instruct participants and spectators in proper sportsmanship responsibilities
  - Acknowledge participants and spectators for displaying proper sportsmanship

- Be no party to the use of profanity, obscene language or improper actions
- Be organized, logical and use a rational approach to coaching which fosters mutual respect among the entire school community
- Have the ability and willingness to communicate with team, parents, teachers, administrators and the public

### **Conduct of an Athlete**

- A student who elects to participate in athletics is voluntarily making a choice of self-discipline. Being a member of an athletic team is a privilege. An athlete's conduct should reflect positively upon himself/herself, his/her family, school and community
- On the field of competition, behavior should reflect good sportsmanship
- In the classroom, good citizenship, the highest individual academic effort, and social responsibility should exemplify the conduct of a good athlete
- The athlete is responsible for proper use of equipment and for its prompt return at the end of the season. Lost, damaged or stolen equipment must be paid for by the athlete to whom it was issued. Any athlete who has not returned or paid for lost equipment shall not be issued additional equipment until the matter is resolved
- Practice equipment and game uniforms will be worn and displayed properly at all times as directed by the coach
- Dropping out of a co-curricular activity is a serious matter. As a courtesy, the athlete and parents should discuss this decision with the coach or athletic director before making a final decision
- Players may not transfer from one sport to another unless agreed upon by the player and both coaches. Players quitting a team may not play on another team until the season of the team he/she quit has concluded. It is recommended that an athlete participate in only one sport per season
- An athlete should respect and adhere to the expectations of the coach. More specific written rules may be distributed by the coach of a particular sport
- In addition to the rules and regulations stated above, the athlete is expected to comply with the eligibility requirements of the Michigan High School Athletic Association and Crescent Academy

### **School Suspension**

Student athletes who are suspended from school for violation of school rules and/or policies will adhere to the following disciplinary guidelines:

- **First and Second Suspension**
  - Athlete may not practice during the suspension period
  - Athlete may not participate in games/events during the suspension period
  - Athlete may resume practices when reinstated to classes
  - Athlete will be ineligible for **one** competition after suspension
- **Third Suspension**
  - Loss of interscholastic sport privileges for remainder of current season

## **Fundraising**

All students are required to sell 5 of the sponsored fundraiser per season. Parents or players who opt out of fundraising are responsible for a \$25 fee in addition to their regular season fee.

## **Tobacco, Drugs, Steroids and Alcohol**

The use, possession or distribution of tobacco, alcohol, illegal drugs, or prescription drugs used illegally, including steroids by the athletes, is prohibited. Violation of this rule will result in immediate ineligibility from any current sport and subject to ineligibility from future athletic teams.

Use of tobacco products is prohibited by all persons on/in all district property or facilities at all times.

## **Attendance Requirements**

Athletes must be in attendance at least **four** class periods in order to participate in that day's practice or contest. Any exception must have prior approval of the athletic director.

If there are extenuating circumstances to an athlete's attendance, the school attendance office/athletic director will determine eligibility.

## **Transportation (Bus Conduct)**

Transportation of athletes to school sponsored extra-curricular events may be provided by Crescent Academy. No other student may ride the bus with an athlete, including siblings. Students are to follow the following bus behavior expectations:

### **Bus Behavior Expectations**

- Appropriate noise level
- Stay seated
- Keep bus clean/your area picked up
- Open windows by permission only
- Observe all bus safety rules
- Parents are expected to pick up their student athlete as scheduled at the estimated return time at Crescent Academy

If bus transportation is not available, parents will be responsible for getting their child to the game.

## **Insurance Coverage**

It is recommended that all athletes have medical insurance. The school is not responsible for payment of medical services required by an athlete because of injury sustained or illness contracted while participating in interscholastic sports. Individual families or their insurance companies assume the financial responsibility for such injuries.

### **Illness and Injury**

Students absent from practice due to extended illness or disabling injury must be re-certified, in writing, by their physician for re-admittance to practice, scrimmage and contests.

### **Snow Day Procedure**

If school is called off during the school day, no athletic games or practices will be held.

### **Awards**

All athletes who complete an interscholastic sport season satisfactorily and in good standing will receive a Crescent Academy Athletic Award certificate for their accomplishments. The award certificate will be presented by the coach to the student at the sports banquet.

### **Parent/Athletes Concern Procedure – Line of Communication**

To assist all parents in communication procedures with the coaches of their student athletes – please follow the procedures listed below:

1. The student athlete should first discuss any problems he or she may have with the coach of his or her team.
2. If the problem is not resolved, then the parent and the student should meet with the coach at an agreed upon time. Not on game days.
3. If the problem remains unresolved, the parent, student athlete and coach may ask to meet with the athletic director.
4. If this meeting does not resolve the problem, the parent may ask to meet with the principal.
5. From this point, if the problem is not resolved it may go to the superintendent and ultimately to the school board.

It is our intent to work cooperatively as a unit -- parent, student athlete and school system -- for the welfare of each of our students.

### **Admission**

- **Home Games**

There will be a \$1.00 admission for students and a \$2.00 admission for adults. Children 5 and younger are free.

- **Away Games**

All other schools have the right to charge an admission. The cost is determined by the school and is out of Crescent Academy's control.

## **Risk of Injury, Liability, and Concussion**

1. With any sport, there is the risk of injury to athletes. The risk of concussion occurs when there is any blunt trauma to the head. Even in non-contact sports, there is a risk of concussion. Any student who is suspected of sustaining a concussion will be removed from physical participation in athletic activities until written clearance from a doctor states the student can return to physical activity. The health professional must be licensed or authorized to engage in a health profession whose scope of practices includes the recognition, treatment, or management of concussions.
2. Athletics are a voluntary program in which students may participate if they choose, but athletes do so at their own risk of injury. Athletics by their very nature are inherently dangerous and create the possibility of serious injury, including permanent paralysis and even death. By participating in the CSA District Athletics program, you assume the risk of such serious injury.
3. The Academy is a “pay to participate” program. The Academy, its Board, CS Partners, its staff members, coaches, agents and volunteers do not assume any financial responsibility for any claims (including lost opportunities), demands, suits, damages, liability, costs and expenses (including reasonable attorney fees) incurred as a consequence either directly or indirectly from a student’s participation in the Athletic Program.

**Crescent Academy  
Student/Parent Athletic Contract**

I have read the Student/Parent Athletic Handbook and agree to comply with all the rules and regulations.

\_\_\_\_\_  
Athlete's Signature

I have read the Student/Parent Athletic Handbook and agree to comply with all the rules and regulations as well as assist the athlete in complying with the regulations.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**IMPORTANT: Please return this copy to your coach.**